HIGHER GROUND

District 10 Newsletter

NENY Area 48
July 2021

Point Au Roche State Park, New York

AA Preamble

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

©AA Grapevine, Inc

This month in AA History

July 2, 1960 – Father Ed Dowling dies.

July 7, 1940 – Bill attends first summer session at School of Alcohol Studies at Yale University.

July 21, 1940 – The first AA group formed in Dayton Ohio.

July 22, 1877 – William Duncan Silkworth born in Brooklyn, NY.

July 22, 1980 – Marty M, early AA woman and founder of National Council on Alcoholism and Drug Dependency (NCADD) dies

July 28 - 30, 1950 – First AA Convention celebrates 15th anniversary of AA in Cleveland.

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For Your Information

A message from our District 10 Secretary

If you or your group would like to be on the District 10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to:
Amy M. at: district10secretary@aahmbny.org.

District 10 Monthly Meetings on ZOOM

(all are welcome to attend!!)
2nd Tuesday of every month at 7:30pm
Zoom ID: **895 8996 2911**
Password**: 212057**

District 10 Contributions

There is a new way to contribute to District 10.
Individuals and groups can now contribute using
PayPal by sending contributions to:

District10treasurer@aahmbny.org

District 10 New Website: with Local Meeting Updates, Meeting Minutes, and More:
www.District10.aahmbny.org

Area 48 Website: with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.aahmbny.org

AA General Service Office Website: www.aa.org

District 10 AA Hotline: (518) 561-8444

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((SUPPORT FOR CORRECTIONS NEEDED))

Are you looking to keep it green? Are you looking to do some service? The district 10 area is looking for people to carry the message of recovery into correctional facilities. It is a great way to be reminded of what can happen to people who continue to drink or drug. Currently, there is a very real need for people, both men and women, to do this type of service work. If you have any interest at all or any questions, please send an email to:

Pete M. at: **District10corrections@aahmbny.org**

Stepping Stones

The historic home of Alcoholics Anonymous co-founder Bill Wilson and his wife Lois Wilson, located in Bedford Hills, New York
If you are interested in a schedule events and would like to visit this historic site go to:
WWW.STEPPINGSTONES.ORG

A message from our district 10 Records Keeper (Sue W.) on how to get *meeting change information* to her:

Hi District 10!

My name is Sue and I'm an alcoholic and I'm honored to serve as your district records keeper! I keep track of the records for all the trusted servants and meetings (both online and in person) within our district.

You can help! If possible, when something about your meeting or group changes, for example: a meeting goes back to meeting in person, changes location, or the online password gets changed, please let me know so that I can keep the records accurate and up to date. When I make changes, they change for the area meeting finder at aahmbny.org and also on the Meeting Finder App.

The best and easiest way to let me know is to go our area's website: aahmbny.org and fill out the "Group Change & New Group Form". It's in the quick links on the main page. Here is the exact url: https://aahmbny.org/new-group-form-group-change-form/

Once you fill out the change that your meeting or group is making and submit the form, it goes to my district email. I check that email every couple days and as soon as I get the form that you sent, I change your group's record. The area website is only refreshed once a week, so it might take a little while to show up.

I also share files I made of the online meetings in our district and the ones happening in person with the GSR's and district committee; Vern, who creates our district newsletter; Matt H, who is coordinating our hotline answering service; and in two secret, private, local AA Facebook Groups.

You can always send me an email at district10records@aahmbny.org
Yours in service, Sue W.

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

A message from our D10 AAGrapevine Chair Arthur W.

Greetings All,

Arthur W. here; your District 10 Grapevine Representative and longtime Grapevine fan. Through the years I have relied on the Grapevine for sober support and anytime/anywhere inspiration. As a long-haul truck driver early in sobriety I cherished listening to the Grapevine cassettes with recordings of articles. As the years went by my cassettes were replaced by digitally downloaded files of the Grapevine audio version that came with my annual subscription. Because AA's Grapevine Magazine has been so instrumental helping me not need to pick up one drink for one day for so long, I feel it is my service duty to carry this message to you.

To get to know more about the more than 75 years of the Grapevine's rich history please visit History of the AA Grapevine | AA Grapevine .

An annual Grapevine subscription can still be received monthly as a traditional paper magazine, digitally to be read on your personal device, or as an audio version for on-the-go listening.

Please visit Home | AA Grapevine for more information.

If you too want to be a part of the Grapevine message, become the Grapevine Representative for your home group. Please watch this short video https://youtu.be/A9_01Vqt4LQ .

Yours in service,

Arthur W.

district10grapevine@aahmbny.org

GRAPEVINE News

Pass It Along!

What's New For July 2021

2021 CARRY THE MESSAGE PROJECT

Want to Help Another Alcoholic?

2021
Carry The Message Project

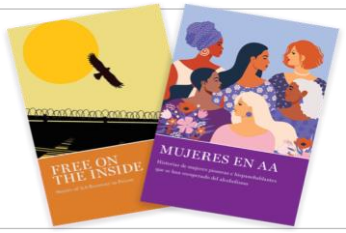
Grapevine & La Viña are great twelfth step tools!

Learn three easy ways to give *here!*
Or visit our YouTube channel at *youtube.com/aagrapevine*.

Vacancy for Nontrustee Director of AA Grapevine Board in 2022

The AA Grapevine Corporate Board will have a vacancy for the position of nontrustee Director following the General Service Conference in April 2022.

aagrapevine.org/Vacancy-for-Nontruste e



2 New Books Available !

Free on the Inside: Stories of AA Recovery in Prison and *Women in AA (Spanish-language)*

aagrapevine.org/2-new-books

Grapevine Rep Resources Page

Download GVR service resources, tools, postcards, and much more! Visit *aagrapevine.org/gvr-resources*

Check out the new audio story playlist on our GV Youtube channel!

youtube.com/aagrapevine

The ePub edition of AA Grapevine magazine replaces the old app

store.aagrapevine.org

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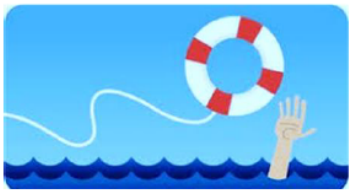
MONTHLY GSR FORUM

AREA 48
Monthly GSR Forum
Virtual Platform via Zoom
Meeting ID: 870 0168 1934
Password: gsr
1st Sunday of every month
7:00PM EST



WELCOME ABOARD!
If you're not involved in General Service,
you may have missed the boat.

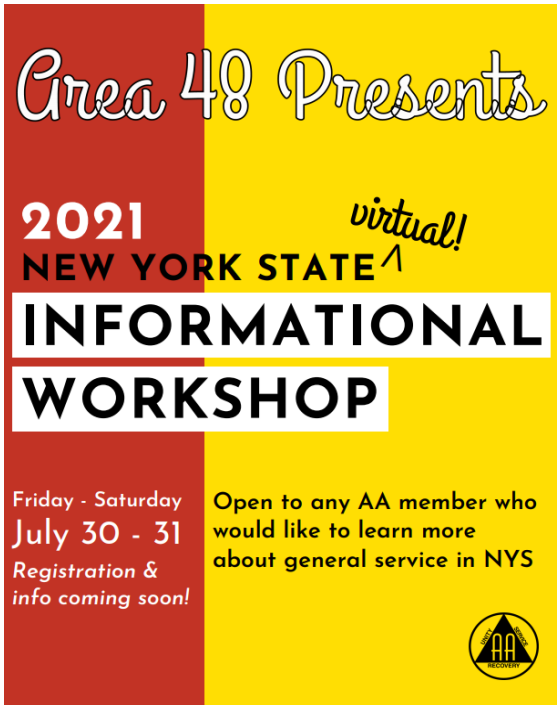
You do not have to be a GSR to attend.
You do not have to be a member of Area 48 to attend.

These monthly interactive forums are designed to promote unity and be the life line needed for GSRs new and old to bring topics of discussion, questions and their personal experience, strength and hope for anyone interested in learning more about Group Life, being a GSR and General Service.

In Bill W's own words:

"The strength of our whole AA service structure starts with the group and with the general service representative (GSR) the group elects. We cannot emphasize too strongly the GSR's importance."

For more information contact: hmbchair@aahmbny.org



NYSIW 2021 - Tentative Agenda

Agenda subject to change - please stay tuned for more information!

FRIDAY	FRIDAY
3pm	Registration Opens!
4pm	Early Bird Meeting
5pm	Dinner
6pm	Welcome & Speaker
7 - 9pm	Roundtables
9 - 11pm	Hospitality
SATURDAY	SATURDAY
7am	Meditation Meeting
8am	Accessibilities
9am	Archives
10am	Bridging the Gap (BTG)
11am	Cooperation with the Professional Community (CPC)
12pm	Corrections
1pm	Lunch
1:30pm	Grapevine / Literature
2:30pm	Newsletter
3:30pm	Public Information (PI)
4:30pm	Treatment
5:30pm	Website / Technology
6:30pm	YPAA (Young People in AA)
7:30pm	Dinner
8 - 9pm	GSO Speaker Meeting
9 - 11pm	Hospitality

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District 10 Online Meetings 6/7

Bloomingdale KISS Group
Monday 7:00 pm Closed, Discussion, third Monday Speaker, last Monday Open Anniversary
Link: https://us02web.zoom.us/j/3816754444?pwd=MjdpbFZLZ3huSTkwcUxtWEdUeTFTQT09
Meeting ID: 381 675 4444 Password: KISS Dial in number: 929-205-6099 *436528
Online contributions through PayPal: bloomingdalekissgroup@gmail.com

Keene High Peaks Group
Wednesday 6:00 pm Open, Big Book
Link: https://us04web.zoom.us/j/506390422
Meeting ID: 506 390 422 No Password Dial in number: 929-205-6099

Plattsburgh Diamonds in the Rough
Monday 6:00 pm Women, Open Step/Literature
Link: https://us02web.zoom.us/j/250265241?pwd=REJVandQaG1VdUVWU2ZGZFpyb2c3Zz09
Meeting ID: 250 265 241 Password: 030405 Dial in number: 929-205-6099

Thursday 6:00 pm Women, Open, Discussion
Link: https://us02web.zoom.us/j/161636351?pwd=dEpJbVNNZXRhaDVYaUpCc3MxSkFRZz09
Meeting ID: 161 636 351 Password: 030405 Dial in number: 929-205-6099

Plattsburgh Spiritual Foundations
Sunday 6:00 pm Open, As Bill Sees It, Discussion, Hybrid
Tuesday 6:00 pm Closed, Big Book
Friday 6:00 pm Open, Discussion
Saturday 6:00 pm Open, Step, Speaker, Discussion, Hybrid
Link: https://us02web.zoom.us/j/8892417456?pwd=QVNjWFdocHpNRzNnb2JmRFBhM1Jkdz09
Meeting ID: 889 241 7456 Password: 040420 Dial in number: 929-205-6099

Plattsburgh We Agnostics
Wednesday 6:00 pm Open, Discussion, Hybrid
Link: https://us02web.zoom.us/j/5183359272?pwd=OWZTcFhRMUVBSHF6ME4zSERCR2dYUT09
Meeting ID: 518 335 9272 Password: 0805 Dial in number: 929-205-6099

Saranac Lake One Day at a Time
Daily 10:30 am Monday - Came to Believe; Tuesday - Daily Reflections; Wednesday - As Bill Sees It; Thursday - Grapevine; Friday - Step; Saturday - Big Book; Sunday - Speaker
Link: https://nyintergroup.zoom.us/j/96768950060?pwd=ckhjUk5LdzkrSnlGTjh1SzJoVzIrZz09
Meeting ID: 967 6895 0060 Password: 071696 Dial in number: 929-205-6099
Online contributions link: https://www.paypal.me/slodaat

Tuesday - Sunday 7:00 pm Speaker except Wednesday is Step/Tradition
Link: https://nyintergroup.zoom.us/j/7277930127?pwd=bVJBmJFQkxzcjM1MFpCTzJ3ZDh4UT09
Meeting ID: 727 793 0127 Password: 375818 Dial in number: 929-205-6099
Online contributions link: https://www.paypal.me/slodaat

Saranac Lake Thursday Women's Group
Monday 5:30 pm Women, Open, Discussion
Link: https://zoom.us/j/98591755013?pwd=VFJ0ZW1pYmNnYmp6UmZyQVlrNDZlQT09
Meeting ID: 985 9175 5013 Password: 12983 Dial in number: 929-205-6099

Westport Group
Monday 7:30 pm Closed, Discussion
Link: https://zoom.us/j/4726654595
Meeting ID: 472 665 4595 No Password Dial in number: 929-205-6099

District Meeting
Second Tuesday of the month 7:30 pm
Link: https://us02web.zoom.us/j/89589962911?pwd=NjBIb21iYWtRRmtuQ2QzM00wQ3Rmdz09
Meeting ID: 895 8996 2911 Password: 212057 Dial in number: 929-205-6099

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District 10 meetings happening in person 6/13 (* see changes) New since last update Coming Soon
Meeting locations and times are the same as they were unless noted in the changes and can also be found on the Meeting Guide app and on the Area 48 website: aahmbny.org

Ausable Forks Group
Beekmantown Big Book Study Group
Bloomingdale KISS Group
Chazy Friday Night *
Elizabethtown Courage to Change Group
Elizabethtown Group
Keeseville Group
Lake Placid Paradox Group
Morrisonville/Cadyville Group *
Peru Live and Let Live Group
Plattsburgh Awakenings Group *
Plattsburgh Diamonds on the Rough - Hybrid **Starting 7/1**
Plattsburgh KISS Group
Plattsburgh Southend Group *
Plattsburgh Spiritual Foundations - Saturday & Sunday: Hybrid **Starting 7/2** will add Tue & Fri
Plattsburgh Unity Afternoon Group
Plattsburgh We Agnostics * Hybrid
Saranac Lake Living Sober Group *
Saranac Lake One Day at a Time Group: Mon - Thurs 10:30 am, Wed 5:30 pm and Friday Noon
Saranac Lake One Day at a Time Group: Saturday *
Saranac Lake Tuesday Night Group
Saranac Lake Thursday Night Men's Group *
Saranac Lake Thursday Night Women's Group *
Tupper Lake Keeping It Simple Group *
Wilmington Pioneers Group *

Meeting Changes

Chazy Friday Night moved to Chazy Town Hall, 9631 State Route 9, Chazy
Morrisonville/Cadyville Group moved to St. James Church, 26 Church Rd., Cadyville
Plattsburgh Awakenings Group moved to Club 12, 1 Durkee St, Suite 102, Plattsburgh
meeting M-F at 7:00 am and Sat & Sun at 9:00 am
Plattsburgh Southend Group moved back to Plattsburgh United Methodist Church, 127 Beekman St., Plattsburgh now meeting Fridays, Saturdays, Sundays at 8:00 pm
Plattsburgh We Agnostics was Atheist, Agnostic, Free-Thinkers
Saranac Lake Living Sober Group moved to St. Luke's Church, 136 Main St., Saranac Lake
Saranac Lake One Day at a Time Group: Saturday BB moved to Saranac Lake Baptist Church, 490 Broadway, Saranac Lake Wednesday 5:30 moved back to St. Bernard's
Saranac Lake Thursday Night Men's Group moved to Holy Ghost Academy, 40 Marion St., Tupper Lake
Saranac Lake Thursday Night Women's Group moved to St. Luke's Church, 136 Main St., Saranac Lake
Tupper Lake - all meetings are now one group called Keeping It Simple: meeting at Holy Ghost Academy, 40 Marion St., Tupper Lake, 7:00 pm Mondays (BB) and Fridays. Wednesdays at St. Thomas Episcopal Church, 8 Brentwood St., Tupper Lake at 7:30 am (Daily Reflections).
Wilmington Pioneers Group now meeting at 7:00 pm and now a Big Book Study

There are also no visitors being allowed into St. Joe's veteran's center or inpatient

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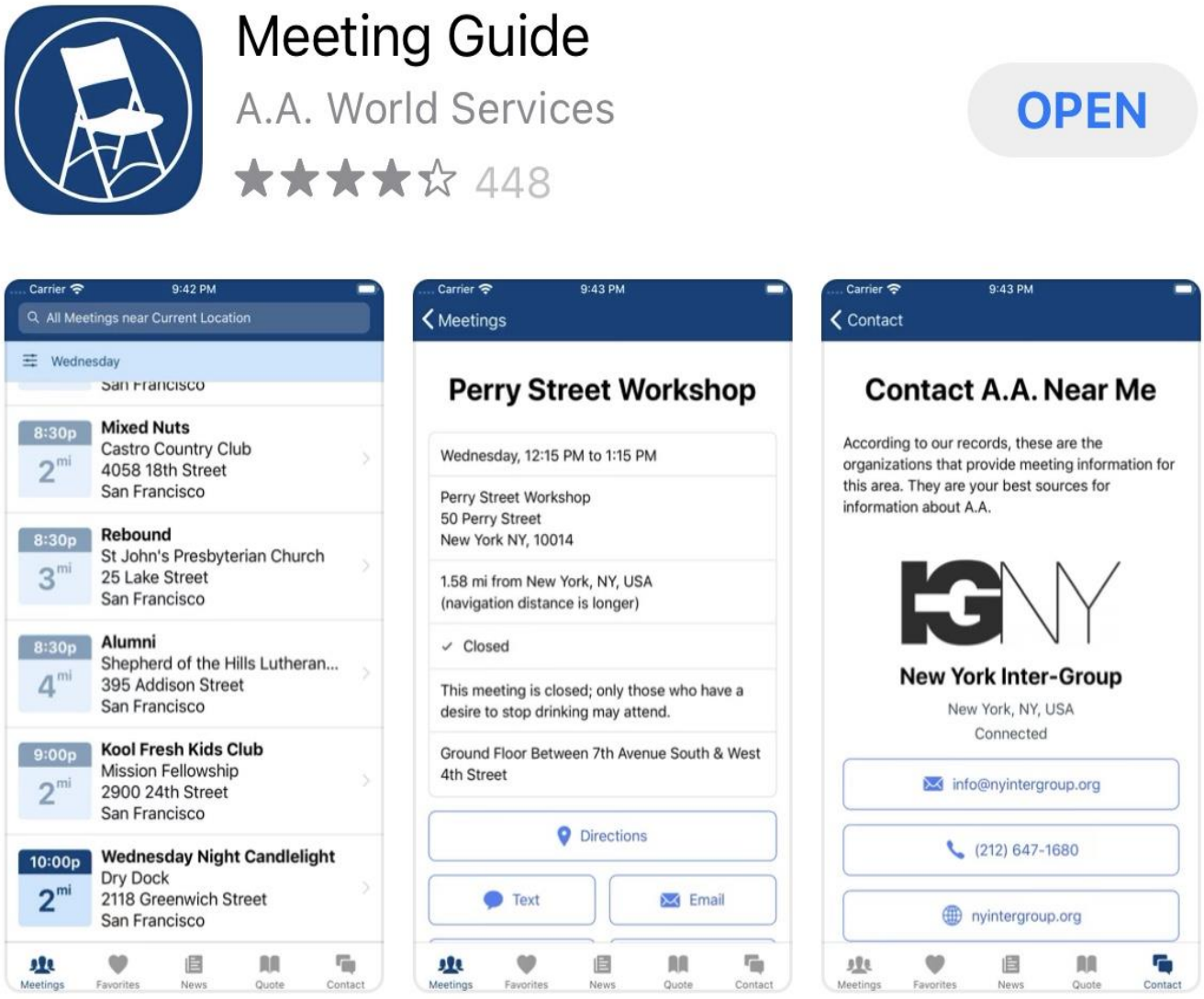
The Meeting Guide App

To locate meetings, meeting information, anywhere, anytime, simply download and install the Meeting Guide App onto any device.