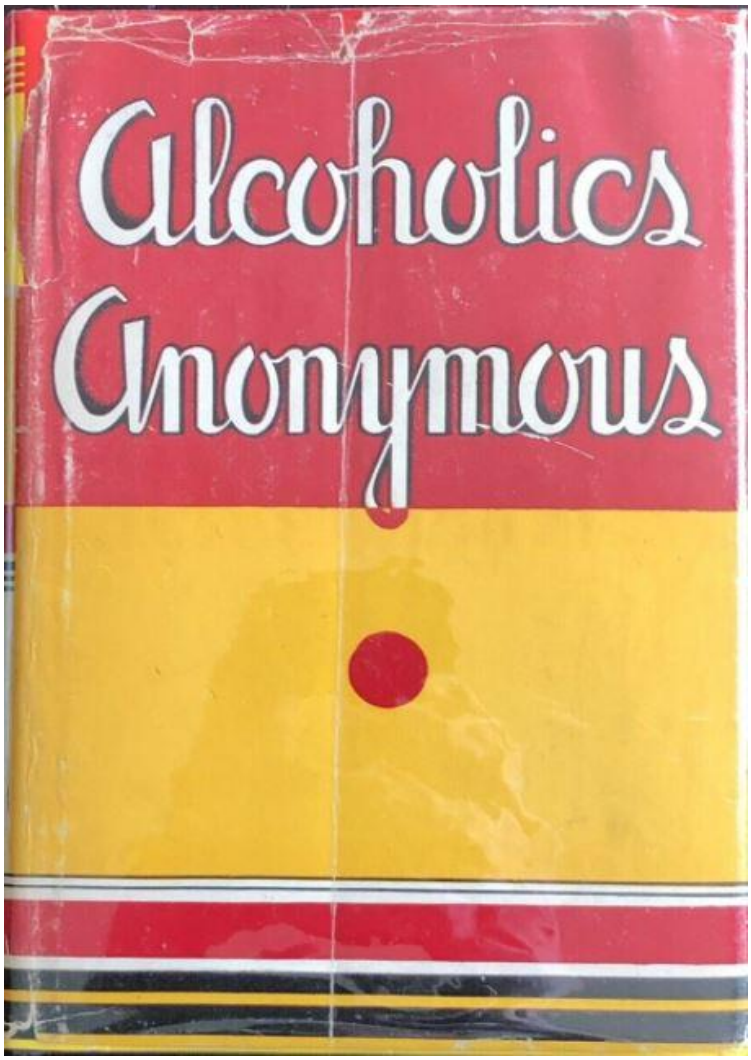
HIGHER GROUND

DISTRICT 10 NEWSLETTER

NENY Area 48

April 2022

On April 1st, 1939
The First Addition of Alcoholics
Anonymous (AA's Big Book) was published!!!



District 10 Group Anniversaries for April

April 4, 2004, Plattsburgh Awakenings Group

April 15, 1994, Living Sober Group

April 18, 1991, Thursday Women's Group

April 23, 2005, Champlain Acceptance Group

This Month in AA History

April 1

1939 - ***"Alcoholics Anonymous" AA's Big Book was published.***

1966 – Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

April 11

1939 – Marty M. attended her first meeting at the home of Bill and Lois W. in Brooklyn.

1941 – Bill and Lois W. moved into their new home, Stepping Stones.

April 25, 1951 - AA's first General Service Conference was held.

April 26, 1939 – Bill and Lois W. moved in with Hank P. after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

Other April events with specific dates unavailable:

1940 – The first AA pamphlet was published, entitled simply "AA".

1958 – The word "honest" was dropped from "an honest desire to stop drinking," in the AA Preamble.

1960 – Bill W. refused to be on the cover of Time Magazine.

District 10 Monthly Meetings on ZOOM

(All are welcome to attend!!)
2nd Tuesday of every month at the ***new time*** of 7:00pm
Zoom ID: **895 8996 2911**
Password**: 212057**
Here is some additional information for phones:

The call-in number is

Dial by your location:

+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Washington DC)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)

Would love to see you or a group representative there :)
Kind regards
Amy Menard
D10 DCM

The following Chair positions are currently available:

Cooperation with the Professional Community
Treatment
Bridging the Gap
Alternate DCM

****All Committees need alternates****

Volunteer Speakers Needed

If you would like to share your experience, strength, and hope with people who are in recovery, CVFC is looking for speakers each Friday at 6pm at the Recovery Campus
Located in Schuyler Falls, NY
Please Contact either:

Jared Croy at: **jcroy@cvfamilycenter.org**

or

Amy M. (DCM) at: **Amyferrigno@gmail.com**

A message from the D-10 Higher Ground Newsletter Chair

Getting your AA announcements into this Newsletter is easy and a great way to reach a lot of people. If you would like to submit information regarding upcoming AA events, meeting changes, or anything else pertaining to AA, then simply send an email to the following address:

vlashway@gmail.com

A message from our District 10 Secretary

If you or your group would like to be on the District10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to: Amy M. at: district10secretary@aahmbny.org.

District 10 Contributions

There is a new way to contribute to District 10.
Individuals and groups can now contribute using PayPal
by sending contributions to:
District10treasurer@aahmbny.org

District 10 New Website: with Local Meeting Updates, Meeting Minutes, and More: www.District10.aahmbny.org

Area 48 Website: with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.aahmbny.org

AA General Service Office Website: www.aa.org

District 10 AA Hotline: **(518) 561-8444**

GSO Contribution mailing address change

A separate post office box has been established for Seventh Tradition contributions only. This change will enable us to process contributions much more efficiently and at a significant savings to the Fellowship. Effective immediately, please send contribution checks to:

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

For more information and assistance, please contact our General Services Office Member Services team for assistance at:
memberservices@aa.org or call: **212-870-3023**.

You can also go to our website at: www.aa.org for more information.

Here's Information from our District 10 Records Keeper - Matt H.

Greetings,

My name is Matt H, and I am an alcoholic. I'll be taking over the District 10 Records keeper position for the next 2 years. This means I will be responsible for keeping track of all trusted servants and meeting information for our district.

All this to say that if you have any questions or information pertaining to your group please feel free to drop me a line at district10records@aahmbny.org
The best and easiest way to let me know is to go to our area's website: aahmbny.org and fill out the "Group Change & New Group Form". It's in the quick links on the main page. Here is the exact url: https://aahmbny.org/new-group-form-group-change-form/

From changes in meeting time, type, location or format (i.e. in-person, hybrid or virtual) to information about virtual passwords, safety protocols and GSRs- it's all relevant. By sharing these details you are helping to uphold our 5th Tradition: To carry the A.A. message to the alcoholic who still suffers.
I would be remiss if I didn't take a moment to thank my predecessor, Sue W, whose support and dedication to service gave me the courage to take on this position. Thank you, Sue!

Though I may be a new face, my role is simply a continuation of the duties and responsibilities of those who came before me. I am grateful for this opportunity to be of service to my fellow AA's and I look forward to hearing from you!

Best,
Matt H

President Richard M. Nixon is presented with the one millionth copy of the book "Alcoholics Anonymous" on April 16th, 1973, by Dr. Jack Norris, M.D., non-alcoholic chairman of the A.A. General Service Board

Just before the 23rd Conference, President Richard M. Nixon accepted as a gift the one millionth copy of the book "Alcoholics Anonymous" in a White House ceremony Monday, April 16. (1973) John L. ("Dr. Jack") Norris, M.D., non-alcoholic chairman of the A.A. General Service Board, made the presentation. The event marked the 34th anniversary of the date on which the very first copy of the Big Book rolled off the press in April 1939, starting the worldwide spread of A.A. In the company of Casper E. Weinberger, Secretary of Health, Education and Welfare, James Cavanaugh, Presidential aide, and two members of A.A., the President remarked on the successful record of the self-supporting Fellowship and expressed appreciation of its accomplishments. Specially bound in light blue leather, the Presidential copy of A.A.'s basic textbook was imprinted, in gold leaf: "The Fellowship of Alcoholics Anonymous is honored to present to Richard M. Nixon, President of the United States, this millionth copy of its 'Big Book'." The two A.A.'s specifically invited by the White House for the presentation were Bob H., G.S.O. manager, and Tom P., a Californian who helped arrange the ceremony. The President told his visitors he knows a number of A.A. members, and "some people who ought to be." He said he wishes A.A.'s principles were more widely applied to other problems in addition to alcoholism. He gave to Dr. Jack, Bob, and Tom sets of cufflinks bearing the Presidential seal. Many White House attendants accompanied the A.A.'s from the moment they entered the famous Pennsylvania Avenue gate in Washington, D.C., until they left an hour later. One man managed to draw Dr. Jack and Bob aside to whisper, "I couldn't help hearing what society you fellows are from, I guess you're here for some honor for A.A., and I'm awfully proud and glad, My dad's been sober in A.A. for years!"

From the 1973 June-July issue of Box 459.

The following is the *Foreword* from a reproduction of the 1938 Original Manuscript of *Alcoholics Anonymous*. This was the version of The Big Book distributed to friends and colleagues of AA's founders before the First Edition was printed. The text of this document, "Original Manuscript," was left just as it originally appeared in 1938.

FOREWORD

We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics PRECISELY HOW THEY CAN RECOVER is the main purpose of this book. For them, we think these pages will prove so convincing that no further authentication will be necessary. We hope this account of our experiences will help everyone to better understand the alcoholic. Many do not yet comprehend that he is a very sick person. And besides, we are sure that our new way of living has its advantages for all.

It is important that we remain anonymous because we are too few, at present, to handle the overwhelming number of personal appeals which will result from this publication. Being mostly business or professional folk we could not well carry on our occupations in such an event. We would like it clearly understood that our alcoholic work is an avocation only, so that when writing or speaking publicly about alcoholism, we urge each of our Fellowship to omit his personal name, designating himself instead as "A Member of Alcoholics Anonymous."

Very earnestly we ask the press also, to observe this request, for otherwise we shall be greatly handicapped.

We are not an organization in the conventional sense of the word. There are no fees nor dues whatsoever. The only requirement for membership is an honest desire to stop drinking. We are not allied with any particular faith, sect or denomination, nor do we oppose anyone. We simply wish to be helpful to those who are afflicted.

We shall be interested to hear from those who are getting results from this book, particularly from those who have commenced work with other alcoholics. We shall try to contact such cases.

Inquiry by scientific, medical and religious societies will be welcomed.

ALCOHOLICS ANONYMOUS

HIGHER GROUND
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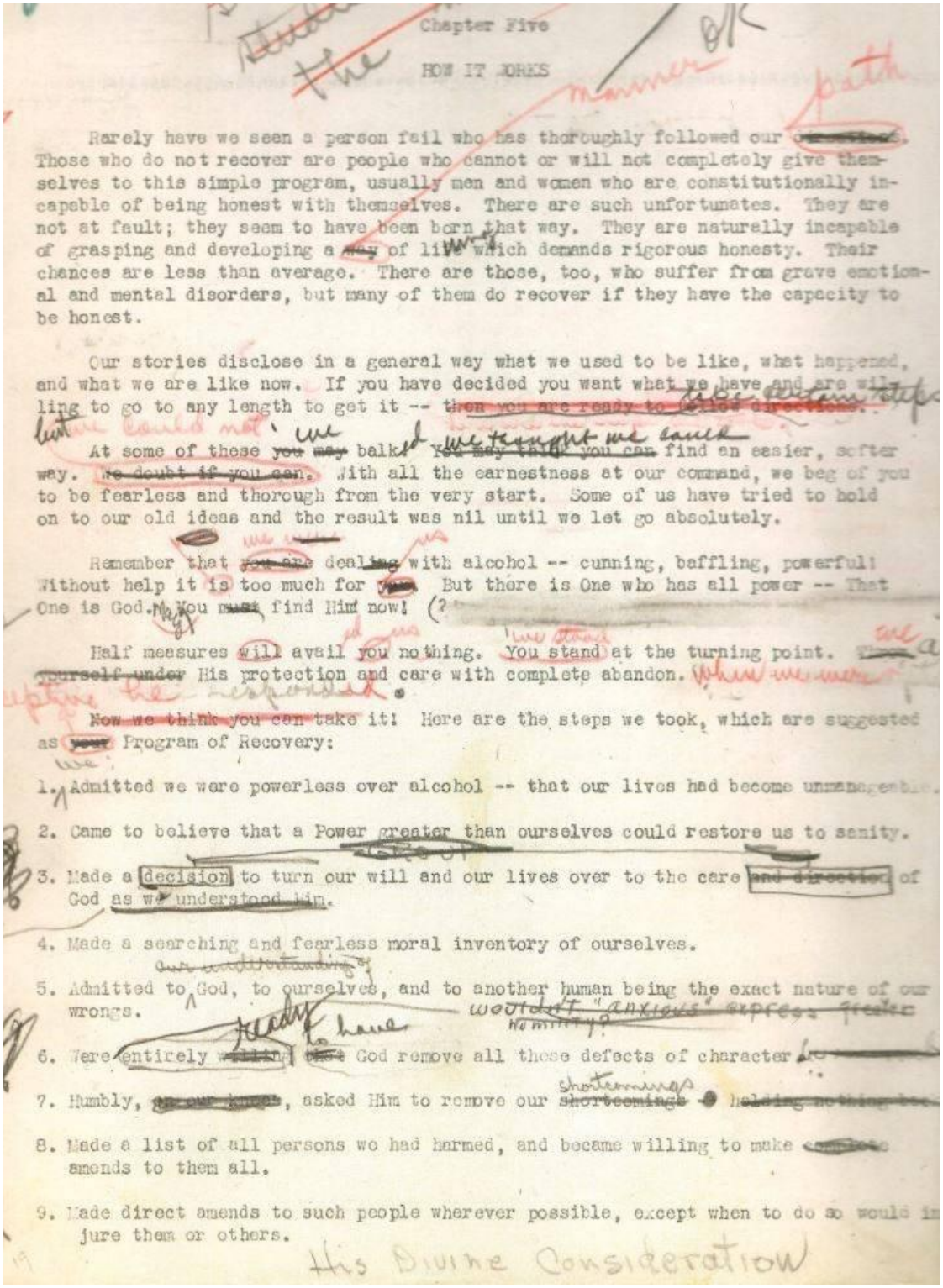
NENY Area 48
April 2022

An original draft of the manuscript for "How It Works"



Chapter Five

HOW IT WORKS

Rarely have we seen a person fail who has thoroughly followed our [illegible]. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -- then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier, softer way. But we could not, and probably you can not either. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we are dealing with alcohol -- cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power -- That One is God. May you find Him now! (?

Half measures will avail you nothing. We stand at the turning point. We ask His protection and care with complete abandon.

Now we think you can take it! Here are the steps we took, which are suggested as Program of Recovery:

1. Admitted we were powerless over alcohol -- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly, asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

His Divine Consideration

NENY Area 48
April 2022

Area 48 Fellowship Day

April 9th 2022

9AM – 3PM

ZOOM:

Meeting ID: 89908547152

Passcode: Fellowship

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AREA 48 EVENTS CALENDAR 2022

Date	Event	Host
January 15, 2022	Area 48 Orientation Day	Central cluster(D14) virtual format
February 25 -27, 2022	NERAASA	Area 60 Pittsburgh, PA
March 19, 2022	Area 48 Day of Sharing with the Delegate	Eastern Cluster (D2)
April 9 or10, 2022	Area 48 Fellowship Day	Western Cluster (D12)
April 23-30, 2022	General Service Conference (for our Delegate only)	NYC
May 14 or15, 2022	Area 48 Assembly	Hudson Valley Cluster (D16)
June 11or 12, 2022	Area 48 Joy of Service Day	Adirondack Cluster (D19)
July or Aug, 2022	NYS Informational Workshop	Area 49
September 17or18, 2022	Area 48 Fellowship Day	Central Custer (D4)
October 15 or 16, 2022	Area 48 Assembly	Eastern Cluster (D18)
November4-6, 2022	Area 48 Convention	Hudson Valley Cluster
November19 or 20, 2022	Area 48 Inventory Day	Western Cluster (D9)

*NERD is a closed event for Delegates and Past Delegates only. This is kept as a placeholder to assist with scheduling.

Area Clusters	
Adirondack Cluster	Districts 5, 10, 13, & 19
Central Cluster	Districts 4, 8, & 14
Eastern Cluster	Districts 1, 2, & 18
Hudson Valley Cluster	Districts 3, 7, 11, 15, 16, & 17
Western Cluster	Districts 9 & 12

NENY Area 48
April 2022

MONTHLY GSR FORUM

AREA 48
Monthly GSR Forum
Virtual Platform via Zoom
Meeting ID: 870 0168 1934
Password: gsr
1st Sunday of every month
7:00PM EST

WELCOME ABOARD!
If you're not involved in General Service,
you may have missed the boat.

You do not have to be a GSR to attend.
You do not have to be a member of Area 48 to attend.

These monthly interactive forums are designed to promote unity and be the life line needed for GSRs new and old to bring topics of discussion, questions and their personal experience, strength and hope for anyone interested in learning more about Group Life, being a GSR and General Service.

In Bill W's own words:

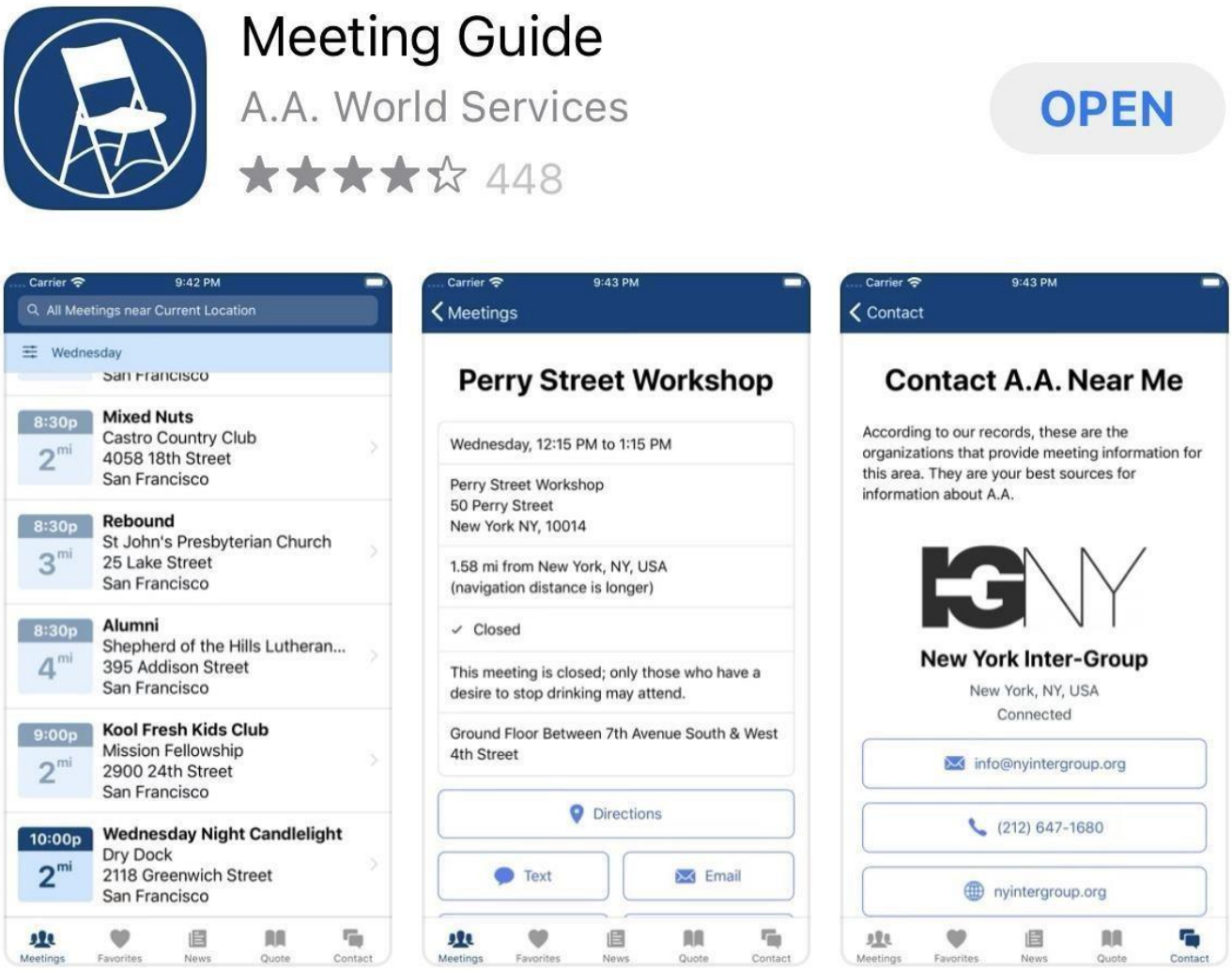
"The strength of our whole AA service structure starts with the group and with the general service representative (GSR) the group elects. We cannot emphasize too strongly the GSR's importance."

For more information contact: hmbchair@aahmbny.org

NENY Area 48
April 2022

The Meeting Guide App

To locate meetings, meeting information, anywhere, anytime, simply download and install the Meeting Guide App onto any device.



Preamble AA

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

©AA Grapevine, Inc

The 12 Steps

From the Big Book of Alcoholics Anonymous
P 59, Chapter 5

"How it Works"

1: We admitted we were powerless over alcohol—that our lives had become unmanageable.

2: Came to believe that a Power greater than ourselves could restore us to sanity.

3: Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

4: Made a searching and fearless moral inventory of ourselves.

5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6: Were entirely ready to have God remove all these defects of character.

7: Humbly asked Him to remove our shortcomings.

8: Made a list of all persons we had harmed and became willing to make amends to them all.

9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

10: Continued to take personal inventory and when we were wrong promptly admitted it.

11: Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

12: Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

From the Big Book of Alcoholics Anonymous
P 562

1. Our common welfare should come first; personal recovery depends upon A.A. unity.

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

The 9th Step Promises

From the Big Book of Alcoholics Anonymous

P-83

1. If we are painstaking about this phase of our development, we will be amazed before we are halfway through.
2. We are going to know a new freedom and a new happiness.
3. We will not regret the past nor wish to shut the door on it.
4. We will comprehend the word serenity, and we will know peace.
5. No matter how far down the scale we have gone, we will see how our experience can benefit others.
6. That feeling of uselessness and self-pity will disappear.
7. We will lose interest in selfish things and gain interest in our fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook upon life will change.
10. Fear of people and of economic insecurity will leave us.
11. We will intuitively know how to handle situations which used to baffle us.
12. We will suddenly realize that God is doing for us what we could not do for ourselves.