HIGHER GROUND

DISTRICT 10 NEWSLETTER

NENY Area 48

April 2024

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This Month in AA History

1938

– 18 AA's attend weekly meeting at 182 Clinton St. NYC, Bill's home

- Alcoholic Foundation (which later became GSO) five trustees, three of them "Rockefeller People," hold 1st meeting

1939

- "Alcoholics Anonymous," AA's Big Book, is published

1940

– "The 1st 10 copies of the Big Book arrive in the AA office in Newark NJ. Cornwall Press printed 4,650 copies of it

1955

– "The Circle-In-The-Triangle" AA symbol was approved by the General Service Conference. The symbol was then dropped in 1994

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Volunteers needed!!!!

The Corrections Service Committee really needs 2 additional male AA's to help us bring in the message of HOPE to the men in Clinton County State prison in Dannemora.

This type of service work is very important and very helpful to those of us presently carrying the message. If interested please email Pete M at

district10corrections@nenyaa.org

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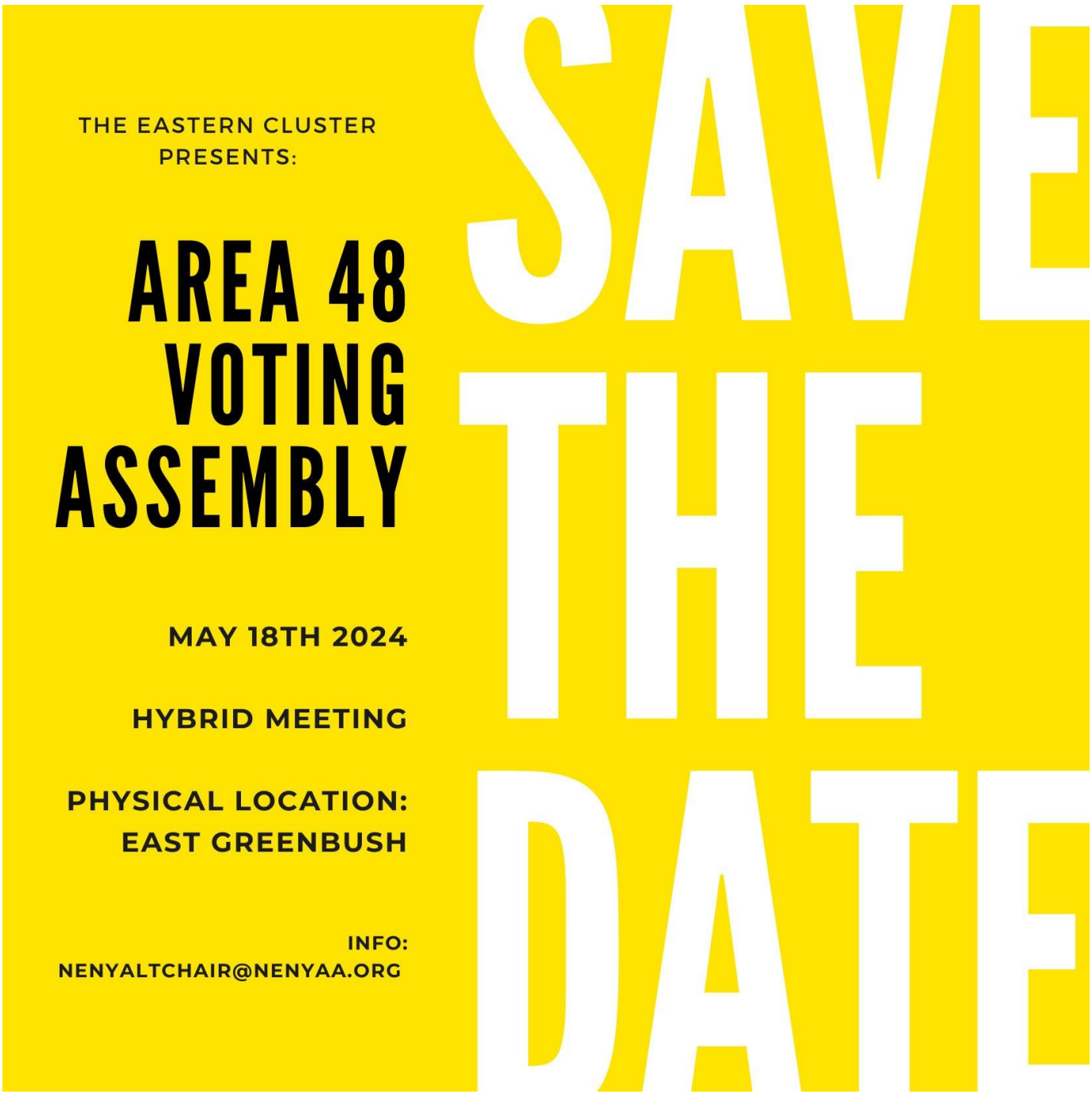

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District 10 Monthly Meetings on ZOOM

(All are welcome to attend!!)
2nd Tuesday of every month at the ***new time*** of 7:00pm
Zoom ID: **895 8996 2911**
Password**: 212057**

Here is some additional information for phones:

The call-in number is
Dial by your location:

+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Washington DC)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)

Would love to see you or a group representative there :)
Kind regards,
Sam S, District 10 DCM

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district10dcm@nenyaa.org

Volunteer Speakers Needed

CVFC is looking for speakers each Friday at 6pm at the Recovery Campus located in Schuyler Falls, NY. The following AA Groups are signed up to speak:

April: Cadyville

To sign your group up to provide speakers, Please Contact Sam S. (DCM) at: **district10dcm@nenyaa.org**

A message from the D-10 Higher Ground Newsletter Chair

Getting your AA announcements into this Newsletter is easy and a great way to reach a lot of people. If you would like to submit information regarding upcoming AA events, meeting changes, or anything else pertaining to AA, then simply send an email to the following address: **district10newsletter@nenyaa.org**

A message from our District 10 Secretary

If you or your group would like to be on the District10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to: Tanya M. at: **district10secretary@nenyaa.org**

District 10 Contributions

There is a new way to contribute to District 10. Individuals and groups can now contribute using PayPal by sending contributions to: district10treasurer@nenyaa.org

District 10 New Website: with Local Meeting Updates, Meeting Minutes, and More: www.District10.nenyyaa.org

NENY Area 48 Website: with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.nenyaa.org

AA General Service Office Website: www.aa.org

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District 10 AA Hotline: (518) 561-8444

Area 48 Committee Monthly Meetings Anyone interested in service is invited to these monthly committee meetings!

GSR Forum

The GSR Forum is open to any member of AA! You do not need to be a GSR from Area 48 to attend and learn more about service.

Time: 7:00 PM Eastern Time
Every month on the first Sunday
Meeting ID: 870 0168 1934
Password: gsr

Area 48 Monthly "Check In"

Time: 6:30 PM Eastern Time
Every month on the First Wed
Meeting ID: 349 408 103
Passcode: A48CheckIn

Public Information (PI) & Cooperation with the Professional Community (CPC)

Time: 6:30 PM Eastern Time
Every month on the Fourth Thursday
Meeting ID: 868 7177 3923
Passcode: 080625

District Committee Members (DCMs)

Time: 6:00 PM Eastern Time
Every month on the Third Sunday
Meeting ID: 952 7302 1180
Passcode: DCMfun

Bridging the Gap (BTG)

Time: 6:30 PM Eastern Time (US and Canada) Every month on the first Thursday
Meeting ID: 861 6963 8196
Passcode: 741803

Treatment

Time: 6:00 PM Eastern Time (US and Canada) Every month on the first Tuesday

Meeting ID: 854 3845 5925

Password: Tuesday

Technology Committee

Time: 6:00 PM Eastern Time (US and Canada) Every month on the third Tue

Meeting ID: 829 5229 5872

Passcode: Techteam48

Corrections Committee

Time: 6:00pm Eastern Time (US and Canada) Every month on the third Wednesday Meeting ID: 867 1213 3948

Password: A48Correct

Accessibilities Committee

Time: 2:00pm Eastern Time (US and Canada) Every month on the second Sunday Meeting ID: 459 479 4411

Password: 731508

Literature Committee

Time: 6:30 PM Eastern Time (US and Canada) Every month on the 4th Wednesday Meeting ID: 885 5335 7701

Passcode: GV/LIT

Grapevine Committee

Time: 6:30 PM Eastern Time (US and Canada) Every month on the 3rd Thursday

Meeting ID: 885 5335 7701

Passcode: GV/LIT

Inclusivity Committee

Time: 6:00 PM Eastern Time (US and Canada) Every month on the 2nd Thursday

Meeting ID: 822 5687 7420

Passcode: 353180

Delegate Connection

Time: 7:00 PM Eastern Time (US and Canada) Every month on the Last Monday

Meeting ID: 824 1507 5353

Passcode: Service

CORRESPONDENCE FORM — for Outside A.A. Members Only CCS-3

PLEASE PRINT - Return to address below

I am a ○ MALE ○ FEMALE How many inmates are you able to write to?: _____

I can correspond in ☐ English ☐ French ☐ Spanish ☐ Other language _____

Name: _____ Phone (office use only): _____
(First and Last)

Address: _____ Email (office use only): _____
(P.O. Box or Street Address, City, State or Province, Postal or Zip Code)

THREE WAYS TO RETURN THIS FORM G.S.O:

Email: corrections@aa.org

Please download and save this form to your computer. Complete the requested information and save. You can then email the form to corrections@aa.org, or mail it to the attention of the Corrections Assignment, P.O. Box 459, Grand Central Station, New York, N.Y. 10163 or fax it to (212) 870-3003. Thank you for your willingness to serve.

Postal Mail to:

A.A. World Services, Inc.
Grand Central Station P.O. Box 459 New York, NY 10163

By Fax: 212-870-3003 (Attn: Corrections)

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Preamble AA

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

©AA Grapevine, Inc

GSO Contribution mailing address change

A separate post office box has been established for Seventh Tradition contributions only. This change will enable us to process contributions much more efficiently and at a significant savings to the Fellowship. Effective immediately, please send contribution checks to:

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

For more information and assistance, please contact our General Services Office Member Services team for assistance at:
memberservices@aa.org or call: **212-870-3023**.
You can also go to our website at: www.aa.org for more information.

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The 12 Steps

From the Big Book of Alcoholics Anonymous
P 59, Chapter 5

1: We admitted we were powerless over alcohol—that our lives had become unmanageable.

2: Came to believe that a Power greater than ourselves could restore us to sanity.

3: Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

4: Made a searching and fearless moral inventory of ourselves.

5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6: Were entirely ready to have God remove all these defects of character.

7: Humbly asked Him to remove our shortcomings.

8: Made a list of all persons we had harmed and became willing to make amends to them all.

9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

10: Continued to take personal inventory and when we were wrong promptly admitted it.

11: Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

12: Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

From the Big Book of Alcoholics Anonymous
P 562

1. Our common welfare should come first; personal recovery depends upon A.A. unity.

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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The 9th Step Promises

From the Big Book of Alcoholics

Anonymous

P-83

If we are painstaking about this phase of our development, we will be amazed before we are halfway through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity, and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.