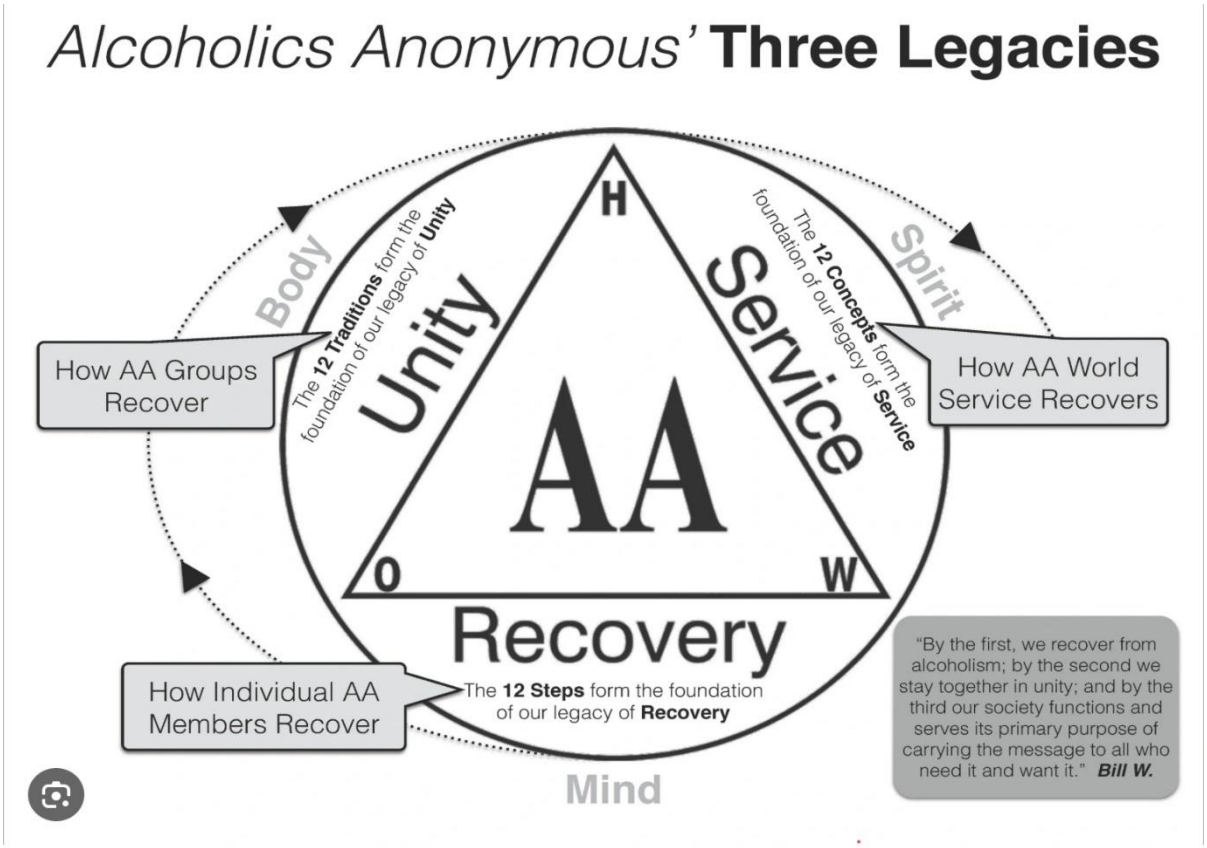
HIGHER GROUND

DISTRICT 10 NEWSLETTER
NENY Area 48
April 2025



This Month in AA History

April 1

1939 - "Alcoholics Anonymous" AA's Big Book was published.

1966 – Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

April 11

1939 – Marty M. attended her first meeting at the home of Bill and Lois W. in Brooklyn.

1941 – Bill and Lois W. moved into their new home, Stepping Stones.

April 25, 1951 - AA's first General Service Conference was held.

1958 (Date Unknown) – The word "honest" was dropped from "an honest desire to stop drinking," in the AA Preamble.

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Volunteers needed!!!!

The Corrections Service Committee really needs 2 additional male AA's to help us bring in the message of HOPE to the men in Clinton County State prison in Dannemora.

This type of service work is very important and very helpful to those of us presently carrying the message. If interested please email Pete M at

district10corrections@nenyaa.org

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District 10 Monthly Hybrid Meetings

Located at Club 12

In Plattsburgh, NY

(All are welcome to attend!!)

On the 2nd Tuesday of every month at 7:30pm

Zoom ID: **895 8996 2911**
Password**: 212057**

Here is some additional information for phones:

The call-in number is
Dial by your location:

+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Washington DC)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)

I would love to see you or a group representative there :)
Kind regards,
Sam S, District 10 DCM

district10dcm@nenyaa.org

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Volunteer Speakers Needed

CVFC is looking for speakers each Friday at 6pm at the Recovery Campus located in Schuyler Falls, NY. The following AA Groups are signed up to speak:

April: ***Spiritual Foundations***
May: KISS Group

To sign your group up to provide speakers, Please Contact Amy M. at: **amyjmenard@gmail.com**

A message from the D-10 Higher Ground Newsletter Chair

Getting your AA announcements into this Newsletter is easy and a great way to reach a lot of people. If you would like to submit information regarding upcoming AA events, meeting changes, or anything else pertaining to AA, then simply send an email to the following address:
district10newsletter@nenyaa.org

A message from our District 10 Secretary

If you or your group would like to be on the District10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to: Francis I. at:
district10secretary@nenyaa.org

District 10 Contributions

To contribute to District 10. Individuals and groups may contribute using PayPal by sending contributions to:
District10treasurer@aahmbny.org

District 10 Website:

with Local Meeting Updates, Meeting Minutes, and More:
www.District10.nenyyaa.org

NENY Area 48 Website: with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.nenyaa.org

AA General Service Office Website: www.aa.org

District 10 AA Hotline: **(518) 561-8444**

GSO Contribution mailing address change

A separate post office box has been established for Seventh Tradition contributions only. This change will enable us to process contributions much more efficiently with significant savings to the Fellowship. Effective immediately, please send contribution checks to:

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

For more information and assistance, please contact our General Services Office Member Services team for assistance at:
memberservices@aa.org or call: **212-870-3023**.

You can also go to our website at: www.aa.org for more information.

HIGHER GROUND

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Save the Date!

Area 48
Spring Voting Assembly

Saturday, May 17th, 2025

St. John the Evangelist Church

806 Union Street, Schenectady, NY 12308

Hosted by the Central Cluster: D14, D8, D4

This is a Hybrid Even

Join Zoom Meeting

Meeting ID: 814 1605 6771

Passcode: Vote48

Free Church and Street parking

For more information contact: altnenychair@nenyaa.org

Wheelchair Accessible facility

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AREA 48 NENY EVENTS CALENDER 2025 – APPROVED-Revised 12132024

DATE	EVENT	HOST
January 18, 2025	Orientation Day *(Agenda set by Area Chair)*	Cross Point Church 317 Oriskany Blvd. Whitesboro, NY Western Cluster – D12 Lead
February 21-23, 2025	Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA)	Area 45 – Southern NJ – *Virtual Only*
March 14-16, 2025	Northeast Regional Delegates' Reunion (NERD)	Delegates and Past Delegates Only
March 15, 2025	Fellowship Day *(Agenda set by Cluster)*	Gallagher's Banquet Hall, 513 Main St., Cairo, NY Hudson Valley Cluster-D3 Lead
April 5, 2025	Delegate's Day of Sharing *(Agenda set by Delegate and Area Chair)*	Saratoga United Methodist Church, 175 5th Ave., Saratoga Springs, NY ADK Cluster-D5 Lead
April 27-May 3, 2025	General Service Conference	Delegates Only – NYC
May 17 or 18, 2025	Spring Voting Assembly *This one or one in Oct. needs to be on a Sunday.* *(Agenda set by Area Chair)*	Central Cluster – D14 Lead
June 14 or 15, 2025	Joy of Service Day *(Agenda set by Cluster)*	Eastern Cluster – D1 Lead
July 3-6, 2025	A.A. International Convention	Vancouver, BC, Canada
August 8-10, 2025	NYS Informational Workshop *(Agenda set by Alt. Area Chair)*	Mirror Lake Retreat, 64 White Drive, Milan, NY
September 20 or 21, 2025	Election Assembly *(Agenda set by Area Chair)*	Western Cluster – D9 Lead
October 18 or 19, 2025	Fall Voting Assembly *This one or one in May needs to be on a Sunday.* *(Agenda set by Area Chair)*	Hudson Valley Cluster – D16 Lead
November 7-9, 2025	Area 48 Convention	Central Cluster
November 22 or 23, 2025	Fellowship Day *(Agenda set by Cluster)*	ADK Cluster – D10 Lead
December 5-7, 2025	Northeast Regional Forum (NERF)	Providence, RI

Clusters

Adirondack (ADK)..... D5, D10, D13, D19
Central..... D4, D8, D14
Eastern..... D1, D2, D18
Hudson Valley..... D3, D7, D11, D15, D16, D17
Western..... D9, D12, 20

Approved Functions Committee 09152024 For more info: altnenychair@nenyaa.org

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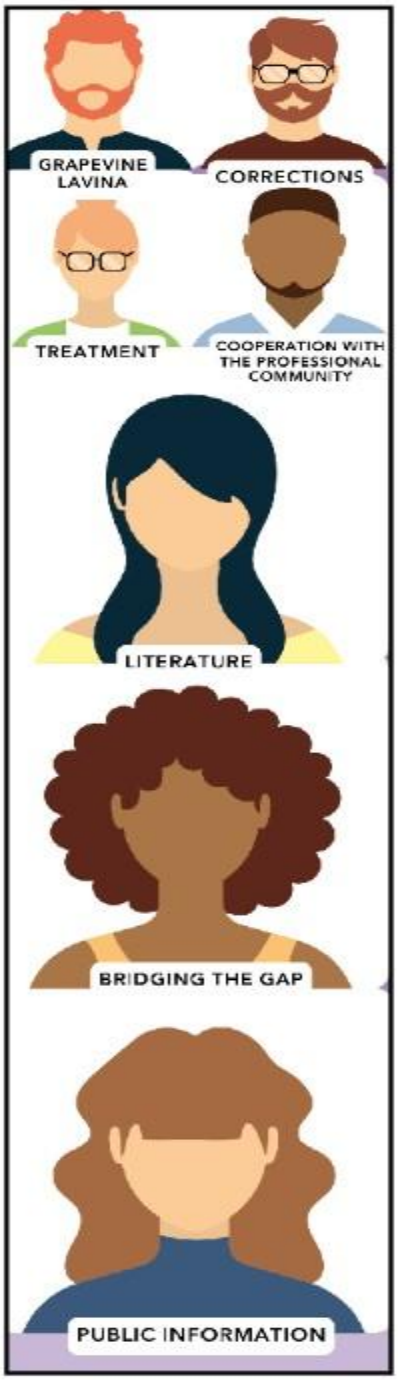

Hosted by NENY AREA 48

ANY QUESTIONS, PLEASE CONTACT:
NYSIW@NENYAA.ORG

SAVE THE DATE

46TH ANNUAL NEW YORK STATE INFORMATIONAL WORKSHOP

AUGUST 8-10, 2025

MIRROR LAKE RETREAT, MILAN NY

THE NEW YORK STATE INFORMATIONAL WORKSHOP IS AN EDUCATIONAL SHARING FORUM FOR THE PURPOSE OF CARRYING THE A.A. MESSAGE THROUGH OUR GENERAL SERVICE COMMITTEES.

THIS EVENT IS OPEN TO ALL WHO WISH TO LEARN ABOUT CARRYING THE A.A. MESSAGE, THROUGH THEIR HOME GROUPS, DISTRICTS, AND AREA GENERAL SERVICE COMMITTEES.

We meet annually with the four General Service Areas in New York State, to share our experiences with the most effective ways to do our 12th step work.

If you serve on a committee, or would like to, this event will be of great interest to you.

Please continue to check our website for registration and program information. You can trust we are diligently working on getting this information to you.

nysiw.org

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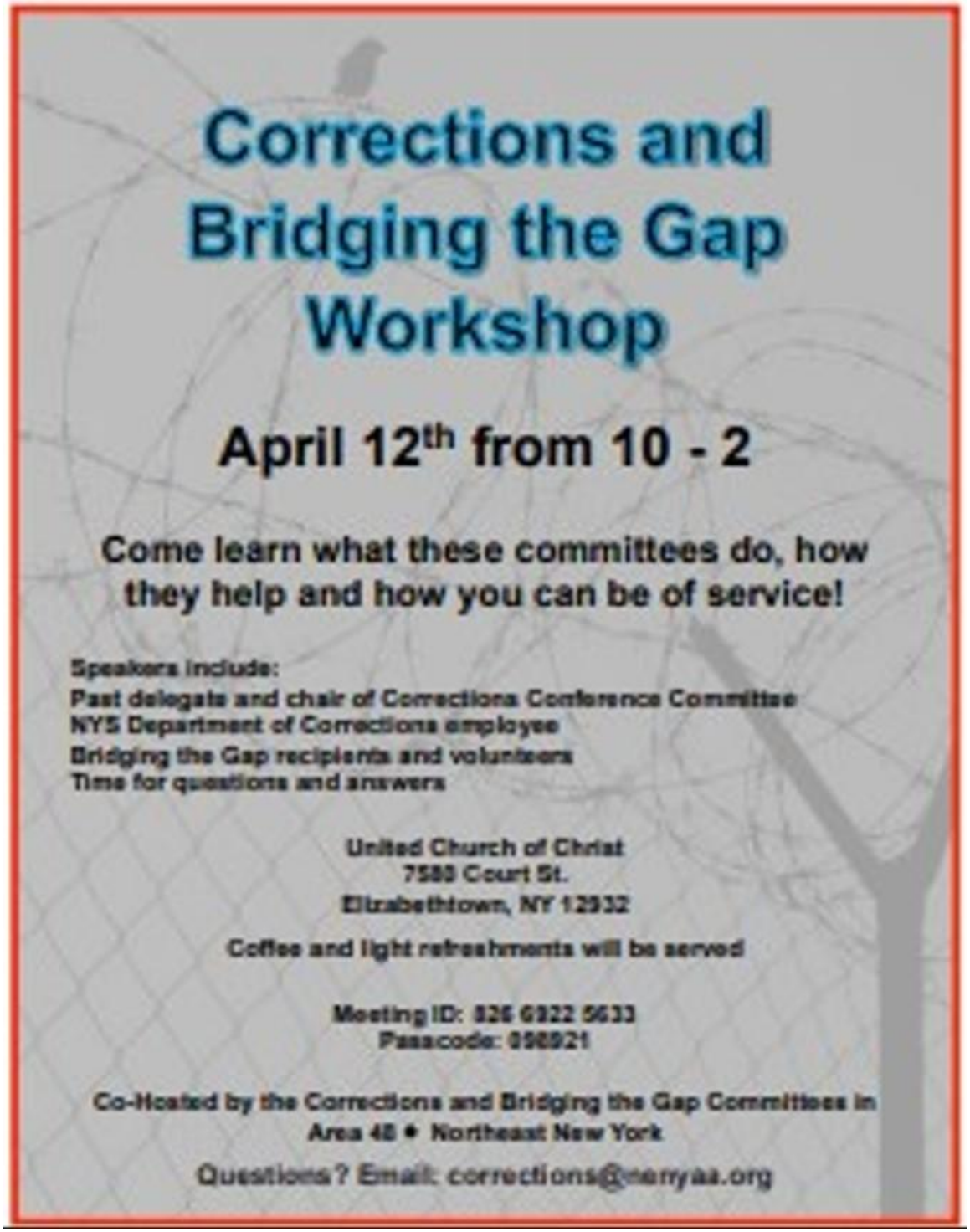

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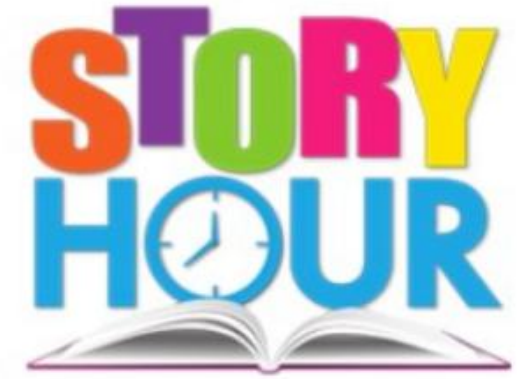
GSR FORUM

When? First Sunday of every month
What time? 7PM
Who? All GSRs and all members of AA
Why? To promote unity and to support new and experienced GSRs serving the groups who have entrusted them to be their voice in AA.
How? Virtual platform: Zoom
ID: 870 0168 1934
PW: gsr

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

VIRTUAL MONTHLY GRAPEVINE READING & DISCUSSION



Tuesdays

(second Tues. of each month)

7:00-8:00pm

(eastern)

Get in your PJs, your fluffy slippers, and cozy blanket, have your popcorn ready, and enjoy a bedtime story!

Mark your calendars

ZOOM ID: 834 1851 2300
PASSCODE: Grapevine
Please do not post to general public
Contact: grapevine@aahmbny.org

HIGHER GROUND
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Attention!!!!!!!!

Volunteers are also needed for the *answering service*. This service offers a local gateway to reach Alcoholics Anonymous for those seeking help.

Anyone interested in helping, please contact your group GSR for details.

There is an application to submit contact information to the helpline database. Please make a copy for those interested in your home groups.

The second application is for mail correspondence outside the district area.

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DISTRICT 10 HOTLINE and/or 12 STEP VOLUNTEER FORM

(ALL INFORMATION IS KEPT STRICTLY CONFIDENTIAL)
(Minimum 6 months sobriety requirement)

First Name: _____ Last Name: _____

City: _____ Zip Code: _____

Phone: _____ Alt. Phone: _____

Email: _____ Sobriety Date: _____

Home Group: _____ Male ☐ Female ☐

Choose <u>one</u> or <u>both</u> of the following:

AA HOTLINE VOLUNTEER ☐

Our very lives, as ex-problem drinkers , depend upon our constant thought of others and how we may help meet their needs.- Alcoholics Anonymous pg. 20

Hotline volunteers answer phone calls that get patched to them through a commercial answering service. You will be talking to a variety of people - some might be AA'ers visiting from out of town looking for a meeting, some could be newcomers who need information, while others might be people who have never been to a meeting. It is entirely possible that you will be speaking with an active alcoholic or the family member of one.

Which days will you commit to? HOURS (please signify am or pm)

Sunday _____
Monday _____
Tuesday _____
Wednesday _____
Thursday _____
Friday _____
Saturday _____

12 STEP VOLUNTEER ☐

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. – Alcoholics Anonymous pg. 89

12-Step volunteers work hand-in-hand with the Hotline volunteers. They do everything from talking to a practicing alcoholic about AA face to face or taking a newcomer to a meeting. Whereas Hotline volunteers take the initial call and disburse it, 12-Step volunteers do the actual "leg work".

Which activities would you be able to do to help a fellow alcoholic?

Make a phone call to a person in need ☐
Make a home/hospital visit to a prospect ☐
Give an out of town visitor a ride to a meeting ☐
Give someone a ride to Detox or Rehab ☐
Meet or take a newcomer to a meeting ☐

Mail to:
District 10, P.O. Box 1807, Plattsburgh, NY 12901

Or scan & Email to:
waltmou@yahoo.com *(Answering Service Chair)*

Signed: _____ Date: _____

CORRESPONDENCE FORM — for Outside A.A. Members Only CCS-3

PLEASE PRINT - Return to address below

I am a ○ MALE ○ FEMALE How many inmates are you able to write to?: _____

I can correspond in ☐ English ☐ French ☐ Spanish ☐ Other language _____

Name: _____ Phone (office use only): _____
(First and Last)

Address: _____ Email (office use only): _____
(P.O. Box or Street Address, City, State or Province, Postal or Zip Code)

THREE WAYS TO RETURN THIS FORM G.S.O:

Email: corrections@aa.org

Please download and save this form to your computer. Complete the requested information and save. You can then email the form to corrections@aa.org, or mail it to the attention of the Corrections Assignment, P.O. Box 459, Grand Central Station, New York, N.Y. 10163 or fax it to (212) 870-3003. Thank you for your willingness to serve.

Postal Mail to:

A.A. World Services, Inc.
Grand Central Station P.O. Box 459 New York, NY 10163

By Fax: 212-870-3003 (Attn: Corrections)

HIGHER GROUND

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Preamble AA

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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HIGHER GROUND

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The 12 Steps

From the Big Book of Alcoholics Anonymous
P 59, Chapter 5

1: We admitted we were powerless over alcohol—that our lives had become unmanageable.

2: Came to believe that a Power greater than ourselves could restore us to sanity.

3: Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

4: Made a searching and fearless moral inventory of ourselves.

5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6: Were entirely ready to have God remove all these defects of character.

7: Humbly asked Him to remove our shortcomings.

8: Made a list of all persons we had harmed and became willing to make amends to them all.

9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

10: Continued to take personal inventory and when we were wrong promptly admitted it.

11: Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

12: Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

From the Big Book of Alcoholics Anonymous
P 562

1. Our common welfare should come first; personal recovery depends upon A.A. unity.

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.

4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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The 9th Step Promises

From the Big Book of Alcoholics

Anonymous

P-83

1. If we are painstaking about this phase of our development, we will be amazed before we are halfway through.
2. We are going to know a new freedom and a new happiness.
3. We will not regret the past nor wish to shut the door on it.
4. We will comprehend the word serenity, and we will know peace.
5. No matter how far down the scale we have gone, we will see how our experience can benefit others.
6. That feeling of uselessness and self-pity will disappear.
7. We will lose interest in selfish things and gain interest in our fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook upon life will change.
10. Fear of people and of economic insecurity will leave us.
11. We will intuitively know how to handle situations which used to baffle us.
12. We will suddenly realize that God is doing for us what we could not do for ourselves.