# HIGHER GROUND

DISTRICT 10 NEWSLETTER
NENY Area 48
March 2026

Adirondackmtland.com

## Daily Reflection

OVERCOMING SELF-WILL

So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn't think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us!
ALCOHOLICS ANONYMOUS, p. 62

For so many years my life revolved solely around myself. I was consumed with self in all forms—self-centeredness, self-pity, self-seeking, all of which stemmed from pride. Today I have been given the gift, through the Fellowship of Alcoholics Anonymous, of practicing the Steps and Traditions in my daily life, of my group and sponsor, and the capacity—if I so choose—to put my pride aside in all situations which arise in my life. Until I could honestly look at myself and see that I was the problem in many situations and react appropriately inside and out; until I could discard my expectations and understand that my serenity was directly proportional to them, I could not experience serenity and sound sobriety.

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## Call Out for Upcoming Events/Shout Outs

Please send your upcoming events, pictures and shout outs to district10newsletter@nenyaa.org!

## Feedback

Please send feedback or ideas for the newsletter to the email above!

## Updates

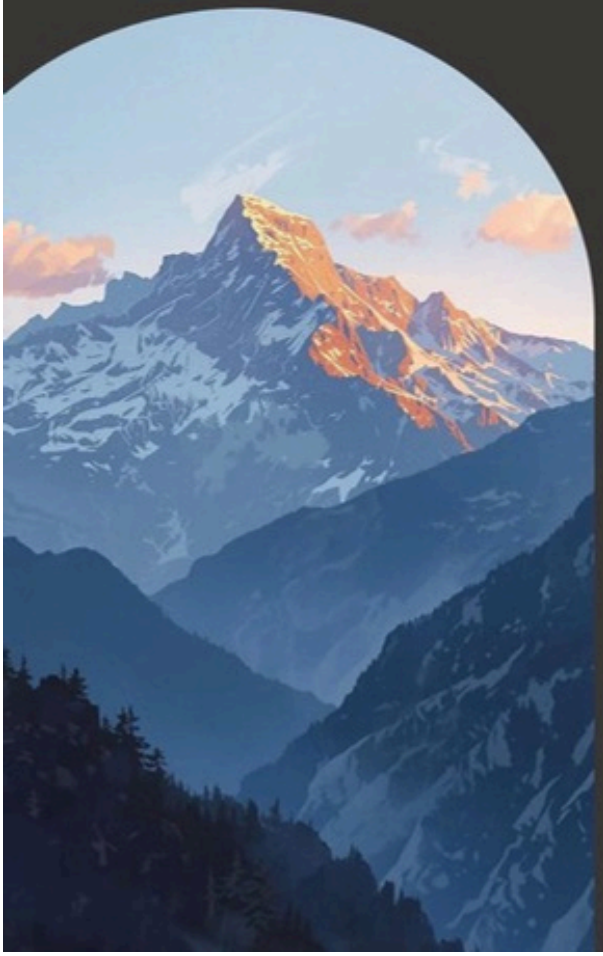
New Hotline Number
District 10 New Hotline Number: (518)463-0906

EASTERN AREA CONVENTION OF YOUNG PEOPLE IN AA
EACYPAA XXII
ATLANTIC CITY, NJ!
MARCH 26TH - 29TH 2026
WE WERE REBORN
LOOKING TO BE OF SERVICE AND HELP US OUTREACH IN YOUR AREA?
EMAIL YOUR NAME AND WHERE YOURE FROM TO
NJYPAA@GMAIL.COM
PRE REG & BOOK HOTEL NOW
SPEAKER MEETINGS, PANELS, WORKSHOPS, ENTERTAINMENT, DANCES, AL-ANON, & MORE...
HARRAH'S RESORT ATLANTIC CITY
CURIOUS FOR MORE INFO? VISIT WWW.NJYPAA.ORG

AREA 48 PRESENTS

# High Peaks Humble Hearts

Join us for a
transformative experience



November 6 - 8, 2026
HOTEL SARANAC

100 Main St.,
Saranac Lake, NY 12983

**Mark Your Calendars Today!!!!!!**

Interested in Helping out?

Let us Know! Member Participation Highly Encouraged

conventionchair@nenyaa.org

**APPROVED – 2026 AREA 48 NENY EVENTS CALENDER 2026**
**Revised 10/19/2025**

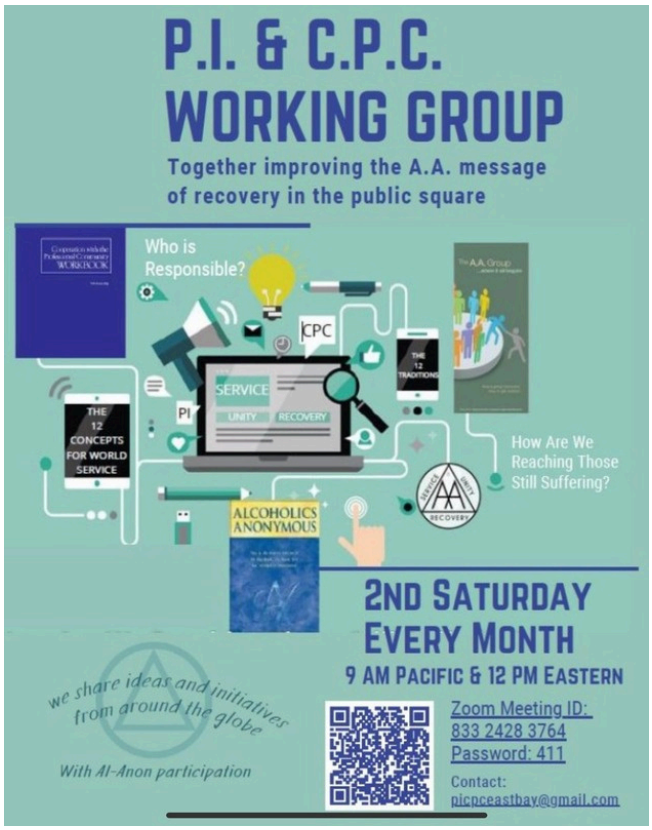
| DATE | EVENT | HOST |
|---|---|---|
| Dec. 2025-January 2026 | Convention Committee begins work on November 2026 Convention | Adirondack Cluster |
| January 10 or 11, 2026 | Orientation Day *(Agenda set by Area Chair)* | Eastern Cluster – D2 Lead |
| February 20-22, 2026 | Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) | Portland, ME – Area 28 |
| March 13-15, 2026 | Northeast Regional Delegates' Reunion (NERD) | Delegates and Past Delegates Only |
| March 14 or 15, 2026 | Fellowship Day *(Agenda set by Cluster)* | Western Cluster – D9 Lead |
| March 28 or 29, 2026 | Delegate's Day of Sharing *(Agenda set by Delegate and Area Chair)* | HV Cluster – D3 Lead |
| April 26-May 2, 2026 | General Service Conference | Delegates Only – NYC |
| May 16 or 17, 2026 | Spring Voting Proposal Assembly *This one or one in Oct. needs to be on a Sunday.* *(Agenda set by Area Chair)* | ADK Cluster – D5 Lead |
| June 13 or 14, 2026 | Joy of Service Day *(Agenda set by Cluster)* | Central Cluster – D4 Lead |
| July 2026 | NYS Informational Workshop | Area 49 |
| September 19 or 20, 2026 | Fellowship Day *(Agenda set by Cluster)* | Eastern Cluster – D18 Lead |
| October 17 or 18, 2026 | Fall Voting Proposal Assembly *This one or one in May needs to be on a Sunday.* *(Agenda set by Area Chair)* | Western Cluster – D12 Lead |
| November 6-8, 2026 | Area 48 Convention | ADK Cluster |
| November 21 or 22, 2026 | Area 48 Inventory Day *(Agenda set by Area Chair)* | HV Cluster – D7 Lead |
| December 2026 | | |

**Clusters**

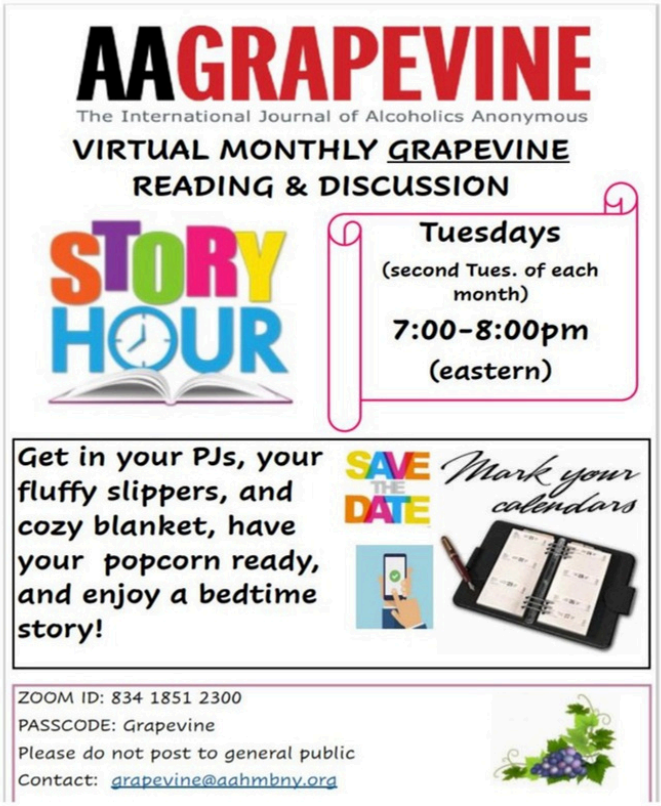
Adirondack (ADK)..... D5, D10, D13, D19
Central..... D4, D8, D14
Eastern..... D1, D2, D18
Hudson Valley (HV)..... D3, D7, D11, D15, D16, D17
Western..... D9, D12, 20

For more info: altnenychair@nenyaa.org

091925cmp;10/19/2025


P.I. & C.P.C.
WORKING GROUP
Together improving the A.A. message of recovery in the public square
Who is Responsible?
CPC
SERVICE
UNITY
RECOVERY
PI
THE 12 CONCEPTS FOR WORLD SERVICE
THE 12 TRADITIONS
How Are We Reaching Those Still Suffering?
ALCOHOLICS ANONYMOUS
2ND SATURDAY EVERY MONTH
9 AM PACIFIC & 12 PM EASTERN
we share ideas and initiatives from around the globe
With Al-Anon participation
Zoom Meeting ID: 833 2428 3764
Password: 411
Contact: picpceastbay@gmail.com

Alcoholics Anonymous
GSR
The Group
GSR FORUM
When? First Sunday of every month
What time? 7PM
Who? All GSRs and all members of AA
Why? To promote unity and to support new and experienced GSRs serving the groups who have entrusted them to be their voice in AA.
How? Virtual platform: Zoom
ID: 870 0168 1934
PW: gsr


AA GRAPEVINE
The International Journal of Alcoholics Anonymous
VIRTUAL MONTHLY GRAPEVINE READING & DISCUSSION
STORY HOUR
Tuesdays
(second Tues. of each month)
7:00-8:00pm
(eastern)
Get in your PJs, your fluffy slippers, and cozy blanket, have your popcorn ready, and enjoy a bedtime story!
SAVE THE DATE
Mark your calendars
ZOOM ID: 834 1851 2300
PASSCODE: Grapevine
Please do not post to general public
Contact: grapevine@aahmbny.org

NENY Area 48
Technology Committee
4th Wednesday each Month at 7 pm
Meeting ID: 829 5229 5872
Passcode: Techteam48
ZOOM
UNITY
SERVICE
AA
RECOVERY
A.A. NENY Area 48

# HIGHER GROUND
## DISTRICT 10 NEWSLETTER
## NENY Area 48
## March 2026

### *District 10 Monthly Hybrid Meetings*

Located at Club 12

In Plattsburgh, NY

**(All are welcome to attend!!)**

On the 2nd Tuesday of every month at 7:30pm

Zoom ID: **895 8996 2911**
Password: **212057**

*Here is some additional information for phones:*

***The call-in number is***
***Dial by your location:***

+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Washington DC)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)

I would love to see you or a group representative there :)
Kind regards,
Sam S, District 10 DCM
district10dcm@nenyaa.org

### *Volunteers needed!!!!*

The Corrections Service Committee really needs 2 additional male AA's to help us bring in the message of HOPE to the men in Clinton County State prison in Dannemora.

This type of service work is very important and very helpful to those of us presently carrying the message. If interested please email Pete M at
district10corrections@nenyaa.org

### **Volunteer Speakers Needed**

CVFC is looking for speakers each Friday at 6pm at the Recovery Campus located in Schuyler Falls, NY. The following AA Groups are signed up to speak:

To sign your group up to provide speakers, Please Contact
Amy M. at: amyjmenard@gmail.com 518-420-2598

***A message from the D-10 Higher Ground Newsletter Chair***

Getting your AA announcements into this Newsletter is easy and a great way to reach a lot of people. If you would like to submit information regarding upcoming AA events, meeting changes, or anything else pertaining to AA, then simply send an email to the following address:
district10newsletter@nenyaa.org

**A message from our District 10 Secretary**

If you or your group would like to be on the District10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to: Francis I. at:
district10secretary@nenyaa.org

**District 10 Contributions**

To contribute to District 10. Individuals and groups may contribute using PayPal by sending contributions to:
**District10treasurer@aahmbny.org**

**District 10 Website:**

with Local Meeting Updates, Meeting Minutes, and More:
www.District10.nenyyaa.org

**NENY Area 48 Website:** with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.nenyaa.org

**AA General Service Office Website:** www.aa.org

**District 10 AA Hotline:** **(518) 561-8444**

**GSO Contribution mailing address change**

A separate post office box has been established for Seventh Tradition contributions only. This change will enable us to process contributions much more efficiently with significant savings to the Fellowship. Effective immediately, please send contribution checks to:

**Post Office Box 2407**
**James A Farley Station**
**New York, NY 10116-2407**

For more information and assistance, please contact our General Services Office Member Services team for assistance at:
**memberservices@aa.org or** call: **212-870-3023**.

You can also go to our website at: www.aa.org for more information.

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## CORRESPONDENCE FORM — for Outside A.A. Members Only CCS-3

**PLEASE PRINT - Return to address below**

I am a ○ MALE ○ FEMALE How many inmates are you able to write to?: _____

I can correspond in ☐ English ☐ French ☐ Spanish ☐ Other language _____

Name: _____ Phone (office use only): _____
(First and Last)

Address: _____ Email (office use only): _____
(P.O. Box or Street Address, City, State or Province, Postal or Zip Code)

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**THREE WAYS TO RETURN THIS FORM G.S.O:**

**Email:** corrections@aa.org

Please download and save this form to your computer. Complete the requested information and save. You can then email the form to corrections@aa.org, or mail it to the attention of the Corrections Assignment, P.O. Box 459, Grand Central Station, New York, N.Y. 10163 or fax it to (212) 870-3003. Thank you for your willingness to serve.

**Postal Mail to:**

A.A. World Services, Inc.
Grand Central Station P.O. Box 459 New York, NY 10163

**By Fax:** 212-870-3003 (Attn: Corrections)