HIGHER GROUND

DISTRICT 10 NEWSLETTER
NENY Area 48
August 2026

Sunset over Fourth Lake in Inlet, NY, Allie Healy

Daily Reflection

DIDN'T WE HURT ANYBODY?
August 15
Some of us, though, tripped over a very different snag. We clung to the claim that when drinking we never hurt anybody but ourselves.
TWELVE STEPS AND TWELVE TRADITIONS, p. 79

This Step seemed so simple. I identified several people whom I had harmed, but they were no longer available. Still, I was uneasy about the Step and avoided conversations dealing with it. In time I learned to investigate those Steps and areas of my life which made me uncomfortable. My search revealed my parents, who had been deeply hurt by my isolation from them; my employer, who worried about my absences, my memory lapses, my temper; and the friends I had shunned, without explanation. As I faced the reality of the harm I had done, Step Eight took on new meaning. I am no longer uncomfortable and I feel clean and light.

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Call Out for Upcoming Events/Shout Outs

Please send your upcoming events, pictures and shout outs to district10newsletter@nenyaa.org!

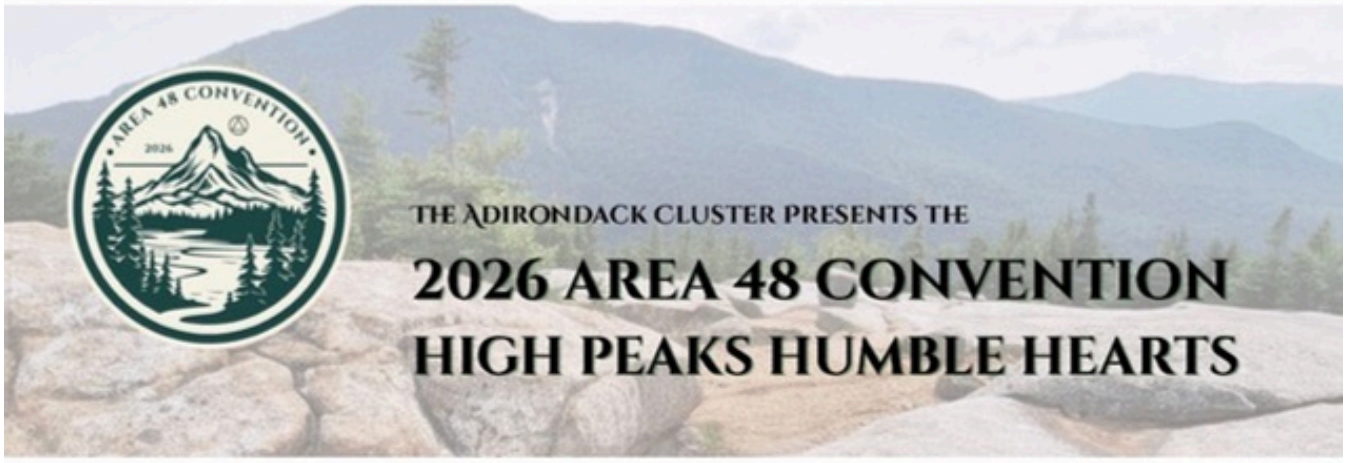
Feedback

Please send feedback or ideas for the newsletter to the email above!

Updates

New Hotline Number
District 10 New Hotline Number: (518)463-0906

AREA 48 CONVENTION
2026
2026
AREA 48 CONVENTION
HIGH PEAKS HUMBLE HEARTS
Join Us for a Transformative Experience!
NOVEMBER 6 – NOVEMBER 8, 2026
HOTEL SARANAC
100 MAIN STREET
SARANAC LAKE, NY 12983
WHAT TO EXPECT
INSPIRING SPEAKERS
FELLOWSHIP & CONNECTION
WORKSHOPS AND PANELS
OPPORTUNITIES FOR SERVICE
SHARED RECOVERY EXPERIENCE
REGISTRATION REQUIRED
A convention badge is required to attend sessions.
REGISTER TODAY!
convention.nenyaa.org
Visit the official site to register and for updates.
BE OF SERVICE!
Volunteer Opportunities
Many ways to help make our convention a success!
SIGN UP TO VOLUNTEER!
convention.nenyaa.org
Visit the official site to sign up and learn more.
If you have any questions feel free to contact us –
conventionchair@nenyaa.org
Together We Recover



INTERESTED IN HELPING OUT?

SCAN THE QR CODE OR

FOLLOW THE LINK & SIGN UP

TO BECOME A VOLUNTEER!!!!

MEMBER PARTICIPATION IS

HIGHLY ENCOURAGED

FOR MORE INFORMATION EMAIL:
CONVENTIONVOLUNTEER@NENYAA.ORG

SELF-SUPPORT
THEN & NOW

For the past 40+ years, AA's have customarily contributed a single dollar in the meeting basket.

1980...30¢
2000...$1.25
2026...$2.75

1980...90¢
2000...$1.50
2026...$5.00

Today's dollar has only **25 cents** of the purchasing power of a 1980's **dollar**.

1980...25¢
2000...50¢
2026...$1.00

While group, district, area, and General Service expenses have risen over **30%**.

IF YOU CAN, PLEASE CONTRIBUTE

$3 OR MORE!

IN THE BASKET

IF YOU CAN'T, KEEP COMING BACK!

APPROVED – 2026 AREA 48 NENY EVENTS CALENDER 2026
Revised 10/19/2025

DATE	EVENT	HOST
Dec. 2025-January 2026	Convention Committee begins work on November 2026 Convention	Adirondack Cluster
January 10 or 11, 2026	Orientation Day *(Agenda set by Area Chair)*	Eastern Cluster – D2 Lead
February 20-22, 2026	Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA)	Portland, ME – Area 28
March 13-15, 2026	Northeast Regional Delegates' Reunion (NERD)	Delegates and Past Delegates Only
March 14 or 15, 2026	Fellowship Day *(Agenda set by Cluster)*	Western Cluster – D9 Lead
March 28 or 29, 2026	Delegate's Day of Sharing *(Agenda set by Delegate and Area Chair)*	HV Cluster – D3 Lead
April 26-May 2, 2026	General Service Conference	Delegates Only – NYC
May 16 or 17, 2026	Spring Voting Proposal Assembly *This one or one in Oct. needs to be on a Sunday.* *(Agenda set by Area Chair)*	ADK Cluster – D5 Lead
June 13 or 14, 2026	Joy of Service Day *(Agenda set by Cluster)*	Central Cluster – D4 Lead
July 2026	NYS Informational Workshop	Area 49
September 19 or 20, 2026	Fellowship Day *(Agenda set by Cluster)*	Eastern Cluster – D18 Lead
October 17 or 18, 2026	Fall Voting Proposal Assembly *This one or one in May needs to be on a Sunday.* *(Agenda set by Area Chair)*	Western Cluster – D12 Lead
November 6-8, 2026	Area 48 Convention	ADK Cluster
November 21 or 22, 2026	Area 48 Inventory Day *(Agenda set by Area Chair)*	HV Cluster – D7 Lead
December 2026		

Clusters

Adirondack (ADK)..... D5, D10, D13, D19
Central..... D4, D8, D14
Eastern..... D1, D2, D18
Hudson Valley (HV)..... D3, D7, D11, D15, D16, D17
Western..... D9, D12, 20

For more info: altnenychair@nenyaa.org

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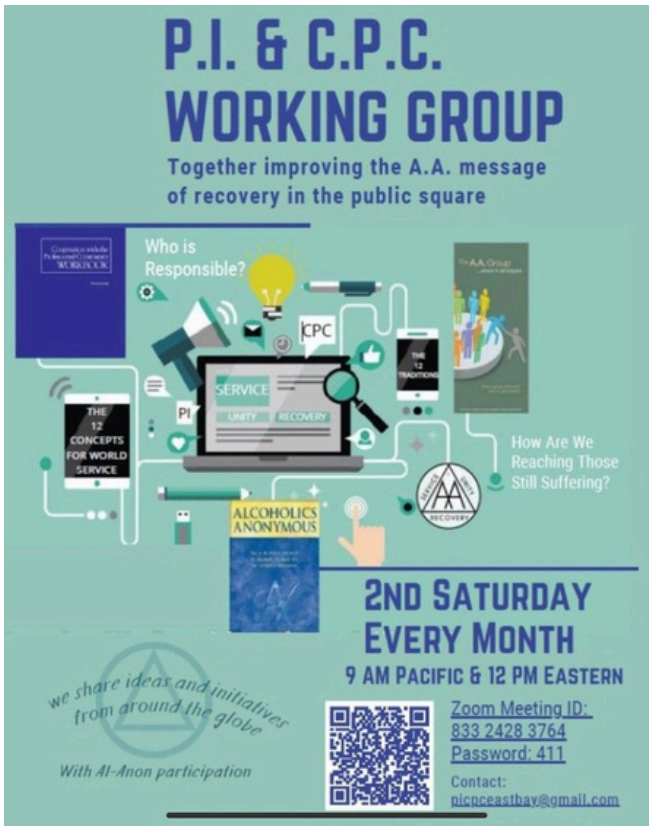
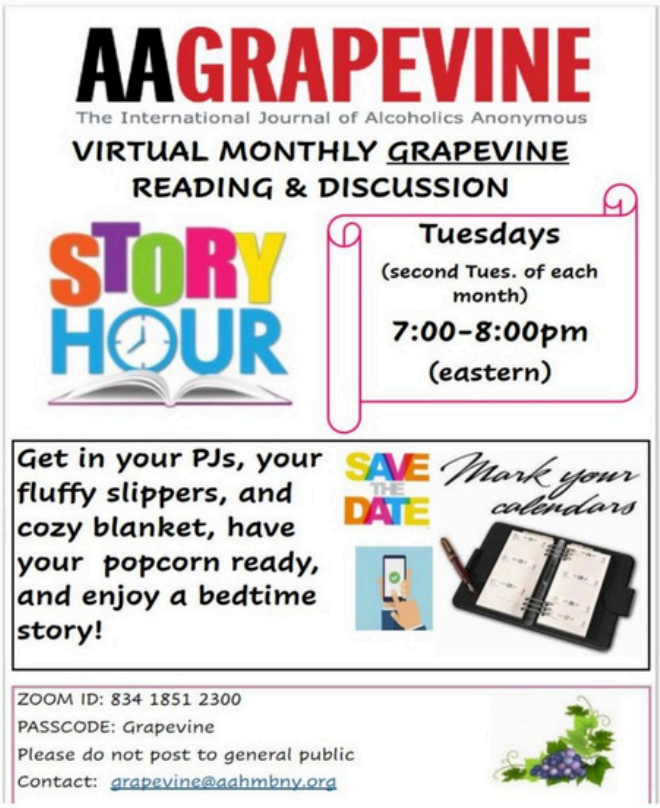

P.I. & C.P.C.
WORKING GROUP
Together improving the A.A. message of recovery in the public square
Who is Responsible?
CPC
SERVICE
UNITY
RECOVERY
PI
THE 12 CONCEPTS FOR WORLD SERVICE
How Are We Reaching Those Still Suffering?
ALCOHOLICS ANONYMOUS
2ND SATURDAY EVERY MONTH
9 AM PACIFIC & 12 PM EASTERN
we share ideas and initiatives from around the globe
With Al-Anon participation
Zoom Meeting ID: 833 2428 3764
Password: 411
Contact: picpceastbay@gmail.com

Alcoholics Anonymous
GSR
The Group
GSR FORUM
When? First Sunday of every month
What time? 7PM
Who? All GSRs and all members of AA
Why? To promote unity and to support new and experienced GSRs serving the groups who have entrusted them to be their voice in AA.
How? Virtual platform: Zoom
ID: 870 0168 1934
PW: gsr


AA GRAPEVINE
The International Journal of Alcoholics Anonymous
VIRTUAL MONTHLY GRAPEVINE READING & DISCUSSION
STORY HOUR
Tuesdays
(second Tues. of each month)
7:00-8:00pm
(eastern)
Get in your PJs, your fluffy slippers, and cozy blanket, have your popcorn ready, and enjoy a bedtime story!
SAVE THE DATE
Mark your calendars
ZOOM ID: 834 1851 2300
PASSCODE: Grapevine
Please do not post to general public
Contact: grapevine@aahmbny.org

NENY Area 48
Technology Committee
4th Wednesday each Month at 7 pm
Meeting ID: 829 5229 5872
Passcode: Techteam48
ZOOM
UNITY
SERVICE
AA
RECOVERY
A.A. NENY Area 48

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District 10 Monthly Hybrid Meetings

Located at Club 12

In Plattsburgh, NY

(All are welcome to attend!!)

On the 2nd Tuesday of every month at 7:30pm

Zoom ID: **895 8996 2911**
Password: **212057**

Here is some additional information for phones:

The call-in number is
Dial by your location:

+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Washington DC)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)

I would love to see you or a group representative there :)
Kind regards,
Sam S, District 10 DCM
district10dcm@nenyaa.org

Volunteers needed!!!!

The Corrections Service Committee really needs 2 additional male AA's to help us bring in the message of HOPE to the men in Clinton County State prison in Dannemora.

This type of service work is very important and very helpful to those of us presently carrying the message. If interested please email Pete M at district10corrections@nenyaa.org

Volunteer Speakers Needed

CVFC is looking for speakers each Friday at 6pm at the Recovery Campus located in Schuyler Falls, NY.

Updated contact information coming shortly!

A message from the D-10 Higher Ground Newsletter Chair

Getting your AA announcements into this Newsletter is easy and a great way to reach a lot of people. If you would like to submit information regarding upcoming AA events, meeting changes, or anything else pertaining to AA, then simply send an email to the following address: district10newsletter@nenyaa.org

A message from our District 10 Secretary

If you or your group would like to be on the District10 AA mailing list to receive important AA updates such as the monthly newsletter, minutes, and treasurer's report please send an email to: Francis I. at: district10secretary@nenyaa.org

District 10 Contributions

To contribute to District 10. Individuals and groups may contribute using PayPal by sending contributions to:
District10treasurer@aahmbny.org

District 10 Website:

with Local Meeting Updates, Meeting Minutes, and More:
www.District10.nenyyaa.org

NENY Area 48 Website: with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: www.nenyaa.org

AA General Service Office Website: www.aa.org

District 10 AA Hotline: **(518) 561-8444**

GSO Contribution mailing address change

A separate post office box has been established for Seventh Tradition contributions only. This change will enable us to process contributions much more efficiently with significant savings to the Fellowship. Effective immediately, please send contribution checks to:

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

For more information and assistance, please contact our General Services Office Member Services team for assistance at:
memberservices@aa.org or call: **212-870-3023**.

You can also go to our website at: www.aa.org for more information.

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CORRESPONDENCE FORM — for Outside A.A. Members Only CCS-3

PLEASE PRINT - Return to address below

I am a ○ MALE ○ FEMALE How many inmates are you able to write to?: _____

I can correspond in ☐ English ☐ French ☐ Spanish ☐ Other language _____

Name: _____ Phone (office use only): _____
(First and Last)

Address: _____ Email (office use only): _____
(P.O. Box or Street Address, City, State or Province, Postal or Zip Code)

THREE WAYS TO RETURN THIS FORM G.S.O:

Email: corrections@aa.org

Please download and save this form to your computer. Complete the requested information and save. You can then email the form to corrections@aa.org, or mail it to the attention of the Corrections Assignment, P.O. Box 459, Grand Central Station, New York, N.Y. 10163 or fax it to (212) 870-3003. Thank you for your willingness to serve.

Postal Mail to:

A.A. World Services, Inc.
Grand Central Station P.O. Box 459 New York, NY 10163

By Fax: 212-870-3003 (Attn: Corrections)